

Menu

# THE SPA ELDER

# THE SPA ELDER PROGRAM IS AVAILABLE TO GUIDE AND IMPART KNOWLEDGE FOR ALL GUESTS

Embraced by century-old traditions, Jamaicans have been using "bush" remedies to heal and nurture their people. Traditionally, healing medicines using indigenous ingredients such as fruits, herbs, flowers, bark, and roots have been used. The Spa Elder is a natural extension of this healing tradition, which is the foundation for spa therapies and philosophy at Fern Tree, The Spa at Half Moon. Part healer and part herbalist, Fern Tree's Spa Elder has created a unique, custom programme that incorporates traditional remedies and present-day spa experiences. Drawing from Jamaica's rich traditions, the Spa Elder has created healing rituals, natural products and recipes to improve health and well being, and deliver rejuvenating results.

The Spa Elder programme is available to guide and impart knowledge to all guests wishing to have a consultation. Classes as well as private consultations for specifically designed spa therapies will be provided.

Throughout the spa menu you will note therapies that have been specially created by the Spa Elder. These treatments are based on Jamaican and Caribbean herbal remedies and use hand-picked, indigenous ingredients.

Consultations may be scheduled for advice on indigenous skin or body treatments; a detailed regimen of treatments suited to your individual needs; or simply for learning about Jamaican herbs, treatments and healing remedies.

# SPA WELCOME AND DEPARTURE RITUALS "CELEBRATE, CLEANSE & RENEW"

All therapies begin with the Spa Welcome Ritual ~ the celebration of nature.

Hot water will be infused with either nutmeg oil for its uplifting and energizing effect or lavender oil for its calming and relaxing properties. The steam is inhaled while gently misting the treatment room and then placed under the face cradle or in the room.

A meditation will be offered and inviting clients:

Breathe
Breath is Life
Breathe and Release
Breathe and Relax
Breathe

All therapies end with a Spa Departure Ritual  $\sim$  to cleanse and renew. Guest's feet will be wiped with a heated aroma-infused towel of either nutmeg or lavender oil.

# "Innovate"

# SIGNATURE TREATMENTS

#### FERN TREE SIGNATURE MASSAGE

Complete with a ritual footbath of Jamaican Cerasee, the Fern Tree Signature Massage is performed to the soothing music of the Caribbean. Our Signature Essential Oil blend of allspice, ginger, and orange is used throughout the massage to further inspire relaxation. Infused body compresses, a Jamaican Rum Body Splash, globally integrated massage and healing techniques inspired from the Mediterranean, Hawaiian Lomi-Lomi, Chinese Acupressure and Thai Stretches, and a Guided Power Nap ensures many healing benefits, and gives a whole other meaning to the idea of Bliss!

80 MIN. \$170

### FERN TREE SIGNATURE FACIAL

A soothing and hydrating facial, the Fern Tree Spa Signature Facial begins with a ritual footbath of Jamaican Cerasee. While enjoying your foot bath, a blend of carefully selected Jamaican fruits, herbs and other indigenous ingredients are combined to create the ultimate seasonal facial masque. It combines a skin analysis, deep cleansing, hydration and moisturizing with an SPF 30+, and protects you from further sun damage with its AHA and BHA non-abrasive exfoliating acids and vitamin B-5, aloe, chamomile and green tea extracts. A super vitamin C serum boosts collagen production. The Somme regimen has been clinically proven to reduce fine lines and wrinkles, helps reverse sun damage and dramatically improves skin's tone, texture and clarity. Finish with the spa's signature Guided Power Nap to give your skin a true rest.

80 MIN. \$170

#### FERN TREE SIGNATURE BODY TREATMENT

A sweet and savory body exfoliation to smooth the skin, a botanical body spritz and a Jamaican Rum splash for the back and feet are sure to transport you to a calm place. While enjoying a ritual footbath of Jamaican Cerasee, known for its cleansing and healing properties, this Signature treatment creates a skin-

specific hydrating body mask combining a selection of Jamaican fruits, herbs, the signature essential oil blend and other indigenous ingredients. Finally, enjoy a relaxing Oriental head massage and stress-reducing Guided Power Nap for the ultimate body treat.

80 MIN. \$170

#### HALF MOON SIGNATURE MANICURE OR PEDICURE

The Half Moon Signature Manicure begins with a relaxing ritual soak in aroma-infused water followed by an exfoliation using natural sea salts and aromatherapy oil blended specifically by the Spa Elder. A relaxing massage of the hands or feet with a custom blended moisturizing lotion and invigorating splash of Jamaican Rum leaves skin silky and smooth. The massage is followed by a soothing paraffin wrap to further hydrate the skin. This therapy is complete with your choice of buffing or polishing of the nails.

Manicure 50 min. \$55 Pedicure 60 min. \$75



### "Inspire"

# TRADITIONAL JAMAICAN SPA ELDER PROGRAMS

### 30 MIN. CONSULTATION ~ SKIN CONDITIONS \$ 65

Create a plan especially for your skin type or specific needs. The Spa Elder will guide you through our treatment options and discuss which will be best suited for you and personalize your experience.



#### Consultation Packages ~ Complete Prescription

The Spa Elder will customise a detailed treatment plan for your entire spa experience, whether it is one day or several visits. Learn the benefits of indigenous ingredients and maximize your results by creating your own spa package.

Consultation with two 50 minute treatments \$285
Consultation with three 50 minute treatments \$395
Consultation with four 50 minute treatments \$505
Consultation with five 50 minute treatments \$615

\* 80 minute treatments may be added, costs will be adjusted accordingly

# BODY EXFOLIATIONS

### Jamaican Allspice Sugar Scrub

A body exfoliation that begins with a blend of sugar and allspice to remove unwanted cells. Soothing oatmeal and essential oils are gently massaged to leave your body soft and smooth.

50 MIN. \$130

### Coffee Coconut Scrub

This Jamaican sugar scrub, rich with coffee and coconut, makes this exfoliation a truly invigorating experience. Includes exfoliation and moisturizer application.

50 MIN. \$130

### Half Moon Sea Glow

Hydrating as well as nourishing, an in-depth exfoliation will eliminate dead skin cells while an application of body moisturizer will leave the skin smooth and soft to the touch. This treatment is an excellent choice for sensitive skin types.

50 MIN. \$130

### JAMAICAN GREEN COFFEE ENVELOPMENT

An effective contouring and firming treatment that utilizes detoxifying phyto-extracts found naturally in Jamaica's Blue Mountain coffee. This treatment aids in elimination of fatty deposits, stimulates circulation, reduces water retention and relieves muscular fatigue. Includes exfoliation, slimming massage techniques and a partial body wrap. Recommended as a course of 6 treatments for maximum results.

80 MIN. \$195

## Cerasee Body Scrub

Jamaican herbs and ground corn combined with essential oils are used to slough off dead skins cells leaving you tingly clean and refreshed. Cerasee is known throughout Jamaica as a great skin cleanser that helps relieve fatigue. Includes exfoliation and moisturizer application massage.

50 MIN. \$130

### "CARE"

# Massage Therapies

The Fern Tree Spa Massage Therapies focus on a variety of massage modalities that range from 50 minutes or 80 minutes in duration. \$115 / \$185 respectively per person (unless otherwise specified)

#### Ease-up Swedish

A light to medium pressure massage employing long gliding strokes and kneading to induce a deep state of relaxation. Relieves stress, tension, and muscle aches, improving circulation and flexibility.

#### AWAKEN DEEP TISSUE

This firm and deep pressure massage will release tension, blockages and knots and relieves muscular tension and spasms due to stress, work or athletic activities.

50 MIN. / 80 MIN. \$125/\$200

#### Aroma Massage

This luxurious treatment combines the therapeutic benefits of touch and smell. Aromatic oils infused with essential oils of natural plant extracts will help enhance your mood and awaken your senses. With the guidance of your therapist, you will choose the oil blend that is most appropriate for you to promote a healthy equilibrium of body and mind.

### West Indies Scalp and Body Massage

A relaxing body treatment that addresses your hair and scalp needs, with our fresh infused wild lime and ginger treatment oil. Our invigorating or remineralizing blends are gently warmed and applied vigorously to the scalp and body to stimulate circulation, relax the muscles, clear the mind, and nourish the hair.

\* 50 minutes only

#### Sole Food

An application of pressure point massage on specific reflex zones of the feet and hands to improve circulation, ease pain, and relax the body. This ancient treatment follows the belief that specific areas of the feet and hands correspond to specific body parts, organs and glands. Applying pressure to these points will produce a welcome change. Includes an infused hot towel foot wrap.

\* 50 minutes feet only 80 minutes both hands and feet

#### ROSEMARY REFLEXOLOGY

The ultimate reflexology treatment. Peppermint and sea salt are used to exfoliate dead cells, followed by a thorough reflexology treatment. A warm rosemary oil blend will be massaged into your feet and heated stones placed between your toes, after which your therapist will wrap your feet and allow you to relax for ten minutes. A gentle foot massage with an invigorating witch hazel and mint infusion to increase flexibility and circulation completes the feeling of total well being.

### 80 MIN. ONLY \$175

### Personalized Massage

Let our talented and professional therapist design a massage therapy specific to your needs. Your therapist will utilize a combination of Eastern and Western massage techniques and modalities to create the perfect, personalized massage.

#### Couples

Whether you partner with a friend or loved one, this massage allows you to enjoy one another's company while each receiving a Swedish massage in a luxuriously designed Couple's Suite.

Champagne and truffles or fresh fruit can be added to the treatment with 24 hours notice for an additional fee.

# "Energize"

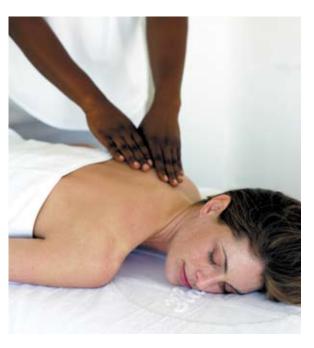
# BODY THERAPIES

The Fern Tree Body Therapies focus on traditional Jamaican plant and herbal remedies in addition to innovative body care treatments. The Spa Elder's wisdom of time honoured plant and herbal uses is the core of Fern Tree's appeal. This wisdom, coupled with present day body care technology, creates a variety of spa therapies unique to Fern Tree Spa.

### Oceanic Sea Salt Scrub

Stress will melt away as your skin is gently massaged using a blend of aromatic sea salt and essential oils to remove impurities, dead skin cells, stimulating circulation and bringing your skin back to a radiant scrub. Includes exfoliation and moisturizer application.

50 MIN. \$130



### Aromatic Vital Relaxation Journey

Harmonizing ancient healing techniques of Mediterranean, Egyptian, Indian and Chinese origins, this restorative treatment focuses on the renewal of vital energy. A bath, body wrap and distinctive Oriental massage techniques restore body and mind.

100 MIN. \$195

### Jamaica Post-Sun Treatment

The hydra soothing veil for the body will produce an immediate cooling sensation, followed by a nutrition body cream for skin in need of hydration. For the face, a specifically formulated facial mask to repair the skin after sun exposure followed by a daily moisturizer according to skin condition.

50 MIN. \$120

#### CARIBBEAN SEA COCOON

Gently vanquishing aches and pains, the natural warm sea mud and sea salts bring a state of deep relaxation and wellness into the very fibers of your being. Rich in natural vitamins, minerals, and enzymes, this unique body wrap rejuvenates your skin and energizes your body. Includes exfoliation, wrap, and hydrating moisturizer application and 25 minute target area massage.

80 MIN. \$160

# Specialty Massages & Energy Work

#### HOT AND COLD ISLAND STONE MASSAGE

This island stone massage involves the application of heated then cooled basalt stones of varying sizes to key points on the body, a deep massage and creating sensations of comfort and alternating warmth and cool. The direct heat relaxes muscles, allowing manipulation of a greater intensity than with regular massage. The cool stones soothe inside the muscle to give an internal massage to the tissue. You finish awakened and renewed.

80 MIN. ONLY \$175

#### Motherhood Massage

Special care and attention is given to the mother's comfort by using special pillows to create the perfect environment during her massage. Benefits of this massage therapy include improved circulation and diminished back and hip pain. This massage is contra indicated during the first trimester or for those experiencing a high-risk pregnancy.

50 MIN. /80 MIN. \$120/\$190

#### Up to Par

Specially created to strengthen, stretch and stimulate muscles that are particularly important to golfers. The golf massage combines a variety of techniques including passive stretching, deep tissue massage, Swedish massage, cross-fiber massage and other techniques using heated golf balls. This is a wonderful treatment for both the pre- and post- golf game.

50 MIN. /80 MIN. \$120/\$190

### Ocean Waves Reiki

This subtle energy balancing treatment with guided meditation and muscle relaxation is the perfect release for body, mind and spirit.

80 MIN. \$200

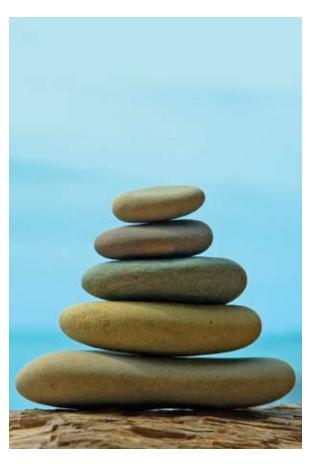
\* This treatment with our Spa Elder

#### Bamboo Massage

Your therapist uses bamboo and various massage techniques, much like a stone massage, to stimulate blood flow and release tension throughout the body.

50 MIN. \$120

\* Please ask about our specialty massage treatments not offered on the menu



# "Harmonize"

# SKINCARE THERAPIES

The Half Moon Spa Skincare Therapies centre around complete, professional face and skin care lines that combine only the finest, most non-comedogenic ingredients with nourishing phyto and marine extracts and essential oils, to effectively hydrate and repair the skin.

### Ocean & Oxygen

Sun exposure, pollution and daily stress can all trigger the release of free radicals causing premature aging of the skin. A true O2 marine radiance booster with BHA's, anti-oxidant vitamins C, A, and E help to support the skin's natural metabolism and promote the energy and tonicity of healthy skin. An ideal facial to brighten, regenerate and improve your complexion.

50 MIN. \$125

#### REBALANCING MARINE FACIAL

Based entirely on active marine elements, this treatment assists in deep pore cleansing, detoxification of tissue and skin rebalancing. A complementing mask followed by a relaxing hand and foot massage further enhances relaxation. Harnessing the healing properties of the ocean, your skin is left balanced and radiant.

50 MIN. \$120

#### Sun Lover's Hydrating or Cold Marine Relief

This treatment is perfect for the most sensitive skin including sunburn, jet lag and environmental stress. This facial uses the gentlest marine-based and plant extracts to soothe the skin, reduce redness, and calm irritation. A custom blend cooling mask prevents an increase in the level of sensitivity leaving the complexion fresh and luminous.

50 MIN. \$145

#### Deluxe Collagen Velvet Facial

When you must look your absolute best. Intensive hydration for sun damaged skin, fine lines, wrinkles and moisture deficiency. With pure native soluble collagen, protein rich extracts and creams, this treatment softens and smooths the skin and helps to maintain moisture balance. Immediate results make this an ideal treatment before a special occasion.

50 MIN. \$160

80 MIN. \$220

\* With collagen eye, lip and neck treatment added

#### EXCEPTIONAL FACIAL CARE

An award-winning treatment that works on all signs associated with aging. Ideally suited for all skin types showing signs of hormone deficiencies; lack of skin tonicity, dehydration and hyper pigmentation. This facial features an exclusive sculpting massage method that acts on muscle tone and gives a true "face lifting" effect with instant results. The ultimate elixir of youth. Recommended as a course of 6 sessions, 1 per week.

80 MIN. \$190

#### GENTLEMEN'S OCEAN RENEWAL

Specific for men, this is a "hi-tech" facial for skin irritated by shaving and sun exposure. A purifying mask diffuses all the goodness of the highly energizing Algae Blue Vitale™ and soothing bamboo extracts directly to the heart of the skin. Relaxed and recharged, your skin regains all its energy and balance.

50 MIN. \$120

#### My Skin 101 - Teen Facial

Enjoy deep cleansing, toning, steam, mask, extractions and a facial massage. Based on natural essential oils with a decongesting marine algae mask to reduce inflammation and control excess oil. In less than an hour! Our staff will teach you about home care routines that help produce clearer, healthier skin.

50 MIN. \$120 [INDULGENCE & HOME CARE KIT]
50 MIN. \$90 [INDULGENCE ONLY]

# Spa Therapy Enhancements

With advice from your therapist, choose any or all of these enhancements to heighten the benefits of your facial treatment. All chosen enhancements will be applied during the facial unless otherwise noted.

Spa Therapy Enhancements will be offered for all Massage and Skincare Therapies.

With the Massage Enhancements, upgrade your massage with a Tension Relief Foot Mask and/or Anti-Stress Eye Compress.

Facial Enhancements include the addition of an Anti-Stress Eye Treatment, An Ageless Eyes and Lip Therapy, and a Youthful Neck and Décolleté Therapy.

### TENSION RELIEF FOOT THERAPY

This Spa Therapy Enhancement may be added to any massage to target extra concentration on the feet and lower legs. Whether suffering from stress, fatigue, or swelling, this treatment delivers soothing results using aloe, menthol and camphor, arnica and pimento oil on this often neglected area.

20 MIN. \$55

#### ANTI-STRESS EYE TREATMENT

As an enhancement to your massage, this marine-soluble collagenrich treatment will combat eye puffiness and sooth the eyes with intense hydration. Add to any body treatment, massage or facial.

20 MIN. \$55

#### Ageless Eyes and Lip Therapy

This skincare treatment enhancement focuses on reducing wrinkles or puffiness around the eyes by using an eye contour treatment, and employs a rich mask to hydrate the lips.

25 MIN. \$60

### Youthful Neck and Décolleté Treatment

A definite answer to preserve and help smooth all visible signs of aging of the area between the chin and lower bust line. Skin is smoothed, hydrated and tightened, promoting a more youthful, beautiful bust, neck, and décolleté.

25 MIN. \$60

#### HAND SAVER

A BHA, age-defying peel renews and retextures the skin while a youthful hand cream with vitamin E and Shea Butter protects and leaves the hands soft and silky.

20 MIN. \$55

# "Heal"

# BATH SOAKS

Enjoy a delightful custom bath to cleanse and revitalize, nourish and hydrate, re-mineralize and energize, or to relieve aches and pains while inducing deep relaxation.

All bath soaks are 25 minutes in duration and are

\$55 per person (unless otherwise specified)

Add to any spa treatment \$45

#### COCONUT MILK AND SACRED LOTUS SOAK

Enjoy the stimulation of water jets bubbling around you as your skin absorbs the natural nourishment of this relaxing bath of coconut and rice milk and soothing sacred lotus.

#### SEAWEED BATH

A hydrotherapy treatment to detoxify and re-mineralize. To increase lymphatic circulation and metabolism. Nutrients from the ocean are combined with aromatherapy bath oils to address individual needs. Selection includes: Relax, Slender, Vitality and Detox.

### Aromatic Mud Bath

In this bath, a selection of aromatherapy essences is combined with rich European mud to relieve aches, pains, and sore muscles while inducing deep relaxation.

### Jamaican Bush Bath

Fashioned after a Jamaican tradition that aids in cleansing and revitalization while relaxing the mind and spirit, freshly picked herbs, roots, leaves and fruit steeped in hot water are added to a soothing bath.

\* Includes a take away gift of local herbs for your home bath

#### Hydrotherapy Treatment

Our specialised tub uses synchronized hydro-jets which stimulate lymphatic drainage and deep relaxation. We will add your choice of salts, lavender or Jamaican bush ingredients that enhance the therapeutic value based on your needs.

25 MIN. \$65



# HAND AND FEET ENHANCEMENTS

Perfect Sense Paraffin \$15

Polish Change \$25

Natural Nail Repair \$5 per nail

French \$15

Nail Art \$7 per nail



# Make [YOU] Up

Make up Application 30 min. \$40

Make up Application Instruction 50 min. \$65

[Complimentary with \$100 purchase]

WEDDING DAY MAKE UP TRIAL 50 MIN. \$65

Wedding Day Make up 50 min. \$50 [Consult required]

Mini-Makeover 15 min. \$25

[Choose a feature (cheeks, eyes, lips) to be shown how to enhance]



# Cuts & Dos

Cut, Style & Special Occasion Ladies' Haircut \$35 & up

Men's Haircut \$18 & up

Children's Haircut \$15

All the rest Cut, Shampoo & Style \$45 & up

Special Occasion \$60 & UP

Scalp & Hair Extras

CONDITION REVERSAL SCALP & HAIR TREATMENT \$20

CONDITION REVERSAL DEEP CONDITIONING \$10

Only in Jamaica! Hair Braiding \$3 per braid

# "REVIVE"

# HAND AND FOOT THERAPIES

#### FERN TREE SPA MANICURE OR PEDICURE

All the fun of Fern Tree Spa's Blue Mountain Aromatic Treats combined to give a truly Jamaican spa nail treatment. Includes Bush Tea Soak, salt glow hydrating exfoliant and a coconut and honey glaze mask. Finish with your choice of polish or buff.

40 MIN. / MANICURE \$65 50 MIN. / PEDICURE \$75

#### CARIBBEAN CLASSIC MANICURE OR PEDICURE

Nail shaping, cuticle trimming, plus massage followed by a polish application or buffing which will leave your hands and feet silky soft and beautiful.

30 MIN. / MANICURE \$30 30 MIN. / PEDICURE \$45

#### Island Stone Manicure or Pedicure

Warm stones are used as de-stressing massage tools to melt stress and pain away in the arms, hands, and feet. Hands and feet will be scrubbed with an aromatic sea salt and then wrapped with paraffin to leave silky smooth and moisturized. The service will be completed with your choice of buffing or polishing of the nails.

50 MIN. / MANICURE \$60 60 MIN. / PEDICURE \$70

# Natural Foot Refresher for the Hands or Feet

All the joys of our classic Caribbean manicure or pedicure, with the added bliss of an extensive massage and reflexology. Great for hardworking hands or feet, jet lag, and water retention.

40 MIN. / HANDS \$40 50 MIN. / FEET \$50 90 MIN. / COMBO \$80



## Spa Sanctuary

The Half Moon Spa Suites offer a private refuge for our spa quests or couples. Spa Suites can be used for specialised spa packages, couples services, or reserved in four hour blocks for a truly indulgent spa experience. Our Spa Suites include a private soaking tub, massage treatment area, relaxation area, patio with outdoor hot tub and shower, and private access to the spa pool.

# MEDITATION CLASSES

#### $Y_{OGA}$

An ancient art based on a harmonizing system of development for the body, mind, and spirit. The continued practice of yoga will lead you to a sense of peace and well-being, and also a feeling of being at one with your environment. Various forms of yoga are offered at the Fern Tree Yoga Pavilion and at the beach as weather permits.

### GUIDED MEDITATION

Meditation is a self-directed practice for relaxing the body and calming the mind. Most meditative techniques have come to the West from Eastern religious practices but can be found in all cultures of the world. Until recently, the primary purpose of meditation has been religious, although its health benefits have long been recognized. It is now being further explored as a way of reducing stress on both mind and body. Your instructor will take you through a journey of self discovery using breathing and deep relaxation techniques.

#### LABYRINTH MEDITATION

Complete a meditative journey using an ancient device used to center the mind and encourage introspection.

# GUIDED WALKS

#### SPA ELDER BOTANICAL TREK

This trek is a Spa Elder guided tour of the local gardens of the Half Moon resort and herb gardens. Learn about indigenous herbs, flowers, fruits, and the variety of nature that Jamaica has to offer.

#### GUIDED BEACH WALK

Enjoy a guided mediation walk along the beach to clear the mind and focus the spirit.

# Spa Packages AT THE FERN TREE SPA

Moon Beam Package - 2 1/2 - 3 hours

50-MINUTE MASSAGE 50-MINUTE FACIAL CHOICE OF SCRUB OR SOAK \$200

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Crescent Moon Package – 4 – 4 ½ hours

50-MINUTE FACIAL 50-MINUTE MASSAGE 50-MINUTE BODY THERAPY SCRUB OR SOAK Spa Lunch \$425

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DOWN THE ISLE BRIDAL PACKAGE - FULL DAY HALF MOON SIGNATURE MANIGURE AND PEDICURE SHAMPOO AND STYLE 50-MINUTE MASSAGE THERAPY 50-MINUTE FACIAL, SOAK AND SCRUB Spa Lunch

\$550

Fore Rejuvenation Package – 3 hours

80-MINUTE GOLF MASSAGE CHOICE OF SOAK OR SCRUB GENTLEMEN'S FACIAL \$290

GET YOUR GROOVE BACK COUPLES PACKAGE - 2 ½ HOURS

80 MINUTE COUPLES MASSAGE Soak for 2 Champagne and Truffles served while you soak \$370

### GENERAL SPA INFORMATION

#### Hours of Operation 8 am – 8 pm Daily

#### RESERVATIONS

Advanced reservations are recommended to ensure your preferred treatment or time is available.

Same-day reservations and walk-in appointments are always welcome and will be scheduled based on availability.

#### CANCELLATIONS

The spa services you schedule are reserved exclusively for you. Should you need to cancel or re-schedule your appointment, we ask that you do so at least 4 hours prior to your scheduled appointment time.

Canceling or re-scheduling services less than 4 hours prior to appointment will be charged full price.

#### Arrival

Please arrive 30 minutes prior to your scheduled spa appointments. Should you arrive late, your treatment will be modified to maximize your remaining time. We provide locker room amenities, and a comfortable robe and spa sandals to wear while at the spa so that you may enjoy the spa to its fullest without the need to bring additional clothes or personal items.

#### Mobile Phones

As a courtesy to our guests and to maintain the integrity of a tranquil spa environment, we ask that all cell phones and PDAs be turned off when in the spa.

#### Personal Items

We suggest you leave your valuables in the safety deposit box provided in your room.

We are not responsible for any lost personal items.

#### IN-SUITE SPA THERAPIES

Many of our spa treatments can be arranged in the comfort of your suite for a minimal additional fee.

Please contact the spa to arrange a special service.

#### GOVERNMENT TAX AND SERVICE CHARGE

A Government tax of 8.25% and a 20% service charge will be added to your bill. This service charge is shared between your service provider and our support staff. Additional gratuity is at your discretion.

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