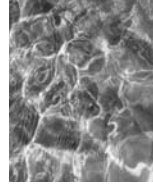


# WILLOW STREAM SPA AT THE FAIRMONT TURNBERRY ISLE RESORT & CLUB



WILLOW STREAM  
A FAIRMONT SPA

*Spa Guide*



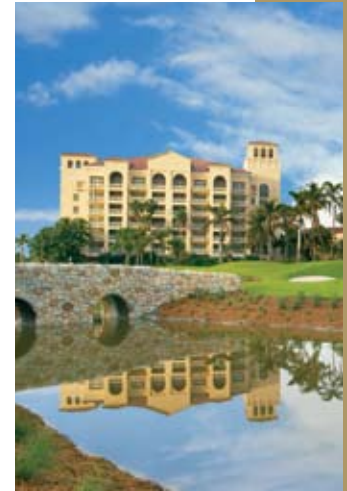
## WILLOW STREAM SPA AT THE FAIRMONT TURNBERRY ISLE RESORT & CLUB

The Miami area bustles with excitement and charm from the visual feast of South Beach up to Fort Lauderdale. Golden beaches, plenty of sun, and warm ocean waters all help to heal and restore balance. The zany energy of the nightlife is an invitation to set aside your busy schedule and just enjoy the moment.

Willow Stream is in the middle of it all at the 300-acre Fairmont Turnberry Isle, a Mediterranean-style resort in the exclusive enclave of Aventura, about halfway between South Beach and Fort Lauderdale. Within the resort there are two new 18-hole golf courses completely redesigned by World Golf Hall of Famer, Raymond Floyd, resort pool, jogging path, beach club and superb dining from poolside café to gourmet cuisine.

You'll also find an award-winning newly remodeled Willow Stream spa that celebrates the warm charm of a European retreat with the inviting colors of a South Florida day. Lush with the natural aromatherapy of its surroundings, the spa's atmosphere captures the essence of this tropical floral paradise. The rich Mediterranean hues of the décor, set against the backdrop of flower-lined terraces, welcome you to this relaxed and easy setting. Within this lush melody, a vibrant hum of energy awakens the imagination, bringing color to life. It inspires.

Come enjoy the flow of Willow Stream. Here you will find your energy.



# *Welcome to* WILLOW STREAM SPAS AT FAIRMONT

Willow Stream spas are all about *You*. And you deserve more attention than you've been giving yourself lately. Let us help you escape your fast-forward, mad current world and bring you to a quieter place to recover and to dive into life again – energized.

We're serious about creating outstanding experiences but just being here is a joy. Our spas are relaxing, comfortable, sensorial.

All Willow Stream spas are sanctuaries inside Fairmont Hotels, in the most beautiful places in the world. The environment at each reflects its surroundings – the desert, the mountains or the sea. Our experiences are authentic – they work. Some are inspired by local traditions, plants and herbs. Others are designed for specific results like stress relief, diminishing the appearance of fine lines or connected to your favorite interests like golf, skiing or spending time outdoors. Some are just pure pampering. Whatever the result, we make sure all of our experiences feel wonderful.

Our staff will guide you to getting the most of your time with us. Make Willow Stream your place – your own personal escape – a place to *find your energy*.



# The Willow Stream Spa Experience



Your spa experience is more than a treatment.  
It starts with the phone call to make your appointment and ends with you filled with renewed energy.

Our Experience Coordinators will help you choose the perfect experience just for your needs and then our Massage Therapists and Aestheticians will customize your experience even more once you are with us. Plan to spend time at a Willow Stream spa ... relax in one of our many mineral pools ... bring a book to sit by the fire or the pool and escape ... "chill out" in the steam room with Aromatherapy customized to the needs of the season.



Make the most of the time you deserve – you will feel the difference.

## Why “find your energy”

Energy makes the difference between just living .... and living well.  
Recharging your energy gives you the ability to handle just about anything life hands you – flowing through life rather than fighting it.

That's why energy renewal is our mission.  
We're passionate about having you leave us feeling energized.

### Why Willow Stream?

We believe these two words reflect our philosophy, our connection to nature's elements.

### The Willow

The *Willow* represents our deep-rooted authenticity, strong center and the flexibility of our spirits.

### The Stream

The *Stream* is our energizing journey through life - bending, changing in a peaceful, purposeful manner as it finds its way around obstacles.



The *Circles* are ancient symbols for the world's essential elements: earth, air, fire and water. The Willow - wood - is the fifth element. Balancing the elements puts us in sync with nature's equilibrium. In your actual spa experiences, *Fire* might be an invigorating exfoliation, *Water* a hydrotherapy bath, *Air* an Aromatherapy facial, *Earth* a healing mud wrap and *Wood* a quiet moment in the spa lounge.



# Body Experiences

## BODY QUENCH – 60 minutes

**Hydrating.** Your skin will feel fabulous after this deeply hydrating experience. Pure avocado oil is the secret ingredient in this experience that includes a wrap, scalp massage with hair conditioning and a customized massage. A perfect treatment for dry, flaky, or sun/season exposed skin.

## WILLOW STREAM ELEMENTS – 90 minutes

**Spa Tradition.** Discover the restorative power of nature's elements: earth (mud wrap), air (Aromatherapy), water (mineral bath), and fire (warm massage). This centuries old traditional spa experience combines a medicinal Moor mud wrap, therapeutic bath and massage. Very beneficial for dry or maturing skin.

## BALANCE BODY – 90 minutes

**Total Relaxation.** Balance uses the Willow Stream Signature Aromatherapy blend of Vetiver, Cypress, Lemongrass, Ylang-Ylang, and Spikenard oils to balance spirit, body and mind. The experience begins with a footbath and exfoliation, continues with a hydrating oatmeal & honey body scrub (the best we've ever tried) and ends with a full body massage. A great experience for relaxation or if you need help sleeping.

## THE REVITALIZER – 90 minutes

**Invigorating.** A full body experience that taps the power of our signature "Energy" product line. The essential oils of Ginger and Lemongrass are used in the exfoliation, wrap, hair conditioning treatment and body massage. Put moisture back into your skin and a spring back in your step.

## JET LAG RECOVERY – 90 Minutes

**Travel Recovery.** This treatment is the perfect way to restore all of the negative effects of flying and time zone changes. The essential oils in this Aromatherapy bath and massage are selected to regulate sleep, recover skin dryness and dehydration, relieve tension headaches and restore your energy.

## TROPICAL ESSENTIALS WITH FOOT BATH – 90 minutes

**Refreshing.** It's just what you need in our warm weather climate. This experience engages all the senses. Begin with a rejuvenating foot soak to relax, and then enjoy an invigorating dry brush exfoliation to stimulate circulation and prepare the skin for the essential oil application – featuring our tropical essence oil (Tropical Flower essences and exotic Sweet Lime). Next, a hand and foot treatment exfoliates and relieves energy blockages with a massage to vital energy points. Euphoria is complete with a scalp massage and mini-face treatment. You'll never want to go home.



## HIP TO HIP (For Couples) – 60 minutes

**Romantic.** Composed of Rose petals, Rose oil and Rosehip oil, this treatment evokes the feeling of love, sensuality and romance. A side-by-side dry brushing with a Rosehip oil massage application and full body wrap has amazing power. A great way to give or get roses any time of year.

## THE ROSE RENEWAL – 90 minutes

**Indulgence.** Enjoy a gentle dry brush exfoliation to stimulate your skin and improve circulation, followed by a bath infused with chamomile and rose petals. The experience culminates with a soothing massage and wrap with Rose Geranium and Rose Flower Oil. This experience is pure indulgence not only for you but your skin and your attitude.

# Bath Experiences

*Add a bath to any experience or purchase one to take with you for a spa feeling at home.*

## THERMAL MINERAL BATH – 30 minutes

Therapeutic remineralizing salts contain active minerals and trace elements which absorb into the skin during bathing. This bath helps detoxify and balance the body and is especially beneficial for sore muscles and aching joints.

## THALASSO BATH – 30 minutes

This is a purifying algae bath utilizing fresh dried Fucus seaweed and mineral-rich seawater crystals, rich in vital minerals and algae that stimulate circulation and accelerate the body's natural rate of perspiration, assisting in overall detoxification. Great for stress!

## HERBAL BATH – 30 minutes

Chose one of our baths based on natural remedies with potent aromatic oils and rich botanicals. Eucalyptus, Melisse (Melissa), Heublumen (Wildflowers), Kamille (Chamomile), Fichtennadel (Pine).



# International Experiences

## **Balinese:** ROYAL JAVANESE LULUR – 120 minutes

This Indonesian luxury is traditionally reserved for the intended bride of a royal family from Central Java or Indonesia. The ritual begins with an aromatic flower petal bath. This is followed by the “lulur” mixed with a splash of yogurt and used to exfoliate, clean and refresh the body. Finally, a Balinese massage using sensual Jasmine Frangipani oil, ending with an application of Jasmine Frangipani lotion to complete the ritual.

## **Ayurvedic:** PASSAGE TO INDIA – 120 minutes

Ayurvedic treatment is an ancient healing system indigenous to India. This experience combines the best of two powerful Ayurvedic therapies – the Herbal Bindi Body Treatment and Shirodhara – to relax, balance and harmonize your body and spirit.

## **Thailand:** THAILAND TREATMENT – 120 minutes

Typical Thai massages feature influences from Chinese acupressure, chi, Ayurvedic yoga and Buddhist meditation. This relaxing and balancing Asian spa ritual experience begins with a Coconut scrub to exfoliate, hydrate, and invigorate the skin, followed by a shower and aromatic bath containing flowers and essence of Lemongrass, and finally a sample of Thai massage with your choice of oil or lotion.

**Australian Aboriginal:** THE DREAMING BODY RITUAL – 120 minutes  
Experience the rituals and ancient techniques used by Aboriginal Australians for thousands of years. A complete treatment designed to rejuvenate body, mind and soul from head to toe, incorporating body massage, mini facial, hair masque, hand and foot treatments, all using techniques from Australian Aboriginal tribes.

# Seasonal Experiences

*Enjoy each season your way. Our bodies have specific needs at the turn of each season. This group of treatments –inspired by the traditions of Eastern Ayurveda (pronounced eye - yur - vey - da), utilizes a unique blend of essential oils developed to be most beneficial for each season. (You might also recognize the scent in the spa as we change the Aromatherapy for each season.)*

**WINTER:** warming and immune building **SPRING:** cleansing and renewing

**SUMMER:** cooling and soothing **FALL:** balancing and grounding

*Adjusting these signature spa experiences to the seasons, changes the results and the benefits. All feature our unique seasonings blend of essential oils.*

## TOTAL ADJUSTMENT – 90 minutes

**The name says it all.** This experience inspired by ancient Ayurvedic (eastern) wisdom, is a wonderful introduction to Ayurveda. Combining our spa’s six most popular experiences and our special *seasonings* essential oils into one divine total body experience. This treatment includes a footbath and scrub, botanical body mask, herbal exfoliation with dry brushing, massage, hot towel wrap, and mini-face treatment. Leaves the skin soft, smooth and nourished. Perfect for those that want to experience it all.

## FEET FIRST – 60 minutes

**Tension Relief.** The reflex points on the feet and hands correspond to points located throughout the body. Massaging reflex points relieves your entire body’s tension. This experience begins with a *seasonings* foot soak and scrub. A foot and hand massage focusing on vital energy points follows. While hands and feet absorb in the essential oils, the head neck and shoulders are massaged. A great head to toe tension reliever for any season.

## SCRUB & MASSAGE – 60 minutes

A body scrub to revive the skin teamed with a full body massage using aromatherapy oil adjusted for seasonal needs help you find your energy whatever the season.

## SOUND THERAPY – 60 minutes

Crystal Singing Bowls, made of silica quartz sand, offer powerful vibrations which resonate within the human body. Sound therapy is well known throughout India, the Orient, Africa, and Europe as a process through which the spiritual, emotional and physical bodies can be integrated and reharmonized. In theory, the sounds emanating from the bowls can release blockages allowing energy to flow through the body.



# Facial Experiences

THE ULTIMATE – 90 minutes

**Ultimate Effectiveness – Ultimate Feel.** This anti-aging facial experience is designed to make you look and feel fabulous...immediately. The experience begins at your feet with a foot scrub and footbath and moves to facial heaven. Featuring the latest in skin care science in the form of Kerstin Florian's signature Caviar Line, this facial includes a skin exfoliation, contour lifting face massage, marine energy masque to improve luminosity and reduce the appearance of fine lines and a super hydrating Caviar Cell Vitale treatment ampoule. This skin rescue intensively repairs and restores to deeply nourish and firm the skin - reawakening its youthful vitality. You'll feel and see the difference immediately.

## TRANQUILLITY

FACE & BACK EXPERIENCE – 90 minutes

**Awaken.** A unique experience, which completely rejuvenates the skin and rebalances the body. We begin face down with relaxation breathing techniques. In this state of relaxation, a back cleanse and exfoliation proceeds the drizzling of warm Lavender massage oil up and down the spine with energizing massage strokes. Gently turning over we continue with a luxurious facial. During the rehydrating facial, warm Lavender infused oil is massaged into the scalp. We continue the flow with a luxurious pressure point scalp massage. Feel your energy awakening.

CUSTOMIZED ANTI-AGING – 90 minutes

**Results.** Tailored to your own needs for optimum benefit, this anti-aging facial transforms the skin as it firms, hydrates, refines and tones. It features skin renewing anti-oxidant formulas, marine proteins, a contouring and lifting massage technique and a hydrating masque. Your cellular renewal is complete with a serum ampoule boost chosen just for you.

CUSTOMIZED DEEP CLEANSING – 60 minutes

**European Style.** Personalized to provide you with the most benefits, this deep cleansing facial includes a professional skin analysis, gentle exfoliation, a facial massage to promote circulation, a nourishing masque and antioxidants to restore the skin. A detailed home care program consultation ensures continued results.



SENSITIVE SKIN – 60 minutes

**Nourish.** Sensitive skin can be the result of many things - environmental elements, rosacea, aggressive medical peels or laser treatments. All require a personalized approach. This ultimate gentle therapy improves the skin's tolerance to irritations, reduces inflammation, nourishes and gives renewed protection.

REVITALIZING CELL FACIAL – 60 minutes

**Renew.** Our Swiss facial is based on cellular therapy and is specifically designed for skin regeneration. Includes cleansing, exfoliation, gentle extractions, gel activation, and an eye and hand treatment. Finally, revitalize yourself with a massage to the shoulders, decollete, neck and face followed by an anti-stress mask.

Great for all skin types, including pre- and post-cosmetic surgery.

TROPICAL GARDEN FACIAL – 60 minutes

**Our signature hydrating facial with aromatic Jasmine ampoule.**

In an aromatic sanctuary the skin is hydrated with pure essential oils. An indulgent foot, scalp and hand massage relaxes the senses. A specialized ampoule featuring fragrant Jasmine calms the skin and a refreshing mist of Orange blossoms leave your spirit refreshed. Essences from our tropical garden will leave your skin luminous!



# Customized Massage Experiences



## STRESS RELIEF – 60 or 90 minutes

This ultimate customized massage experience was designed with the sole purpose of stress relief. It is a medium pressure massage that focuses on all of your main tension points – head, neck, shoulders, back and feet.

## RELAXATION – 60 or 90 minutes

Tailored to your specific needs or preference this popular full-body Swedish style massage offers a gentle to medium intensity and is designed to increase circulation, enhance lymphatic drainage and promote relaxation. Using long, smooth strokes to relax muscles and stimulate the lymphatic/circulatory systems.

## SPORTS – 60 or 90 minutes

This deep massage targets sore muscles and enhances muscle recovery after exercise, sports activities or the tension and stresses of daily life. It combines deep work with stretching, rocking, and circulation enhancing strokes to move lactic acid out of the system. A mild soreness may result.

## DUET MASSAGE – 60 or 90 minutes

Spend quiet time together while enjoying side-by-side relaxation massages. The perfect gift to give each other...time together.

## JET LAG – 60 minutes

Using essential oils selected to regulate sleep, hydrate skin, relieve tension headaches and restore energy depleted through travel, this medium pressure massage focuses on all the areas affected by frequent travel - legs, neck, back, shoulders and feet.

## EAST MEETS WEST HOT STONE THERAPY – 60 or 90 minutes

Earth, air, fire and water are united to create this unique Stone Treatment. The Willow Stream Balance Oil is combined with stones warmed in water to create a deep heat massage and a unique aroma to release tension and melt away stress.

## Florida Rain Massage -Vichy

### FEAST OF THE FLOWERS – 60 minutes

When Ponce de Leon landed on the shores of Florida he called the area 'la Florida' in honor of Spain's Easter celebration 'Pascua Florida' – Feast of the Flowers. In celebration of Florida's bountiful Wildflowers our signature experience was created. This is a skin softening aromatic sea salt scrub. A Florida Rain Massage with Wildflower essences gently completes the experience.

### GENTLE BODY POLISH – 60 minutes

A revitalizing Florida Rain Massage, Chamomile gel loofah scrub and moisturizing massage application leave you in herbal bliss.

### OCEAN WAVES – 90 minutes

An ideal way to relax and nourish the body. An invigorating Florida Rain Massage follows a natural warm Spirulina body wrap rich in antioxidants. A luxurious application of a concentrated marine lotion and marine firming body creme rich in contouring elements completes the experience.

### AROMA SALT EXFOLIATION – 60 minutes

An invigorating Florida Rain Massage, nourishing body scrub with sea salts infused with Eucalyptus and a soothing massage application with botanical Aloe lotion...providing rich moisture for the skin.

# Just for Men

## POST GAME FACE TREATMENT – 60 minutes

A relaxing, deep cleansing facial developed to treat, repair and protect skin that is subject to a lot of sweating due to activity from golf to yard work to high pressure presentations. The treatment combines a shoulder and neck massage for tension relief as well as revitalizing exfoliations and massage on the arms, hands and feet.

## CUSTOMIZED GENTLEMAN'S BARBER

### FACE TREATMENT – 60 minutes

A deep cleansing and revitalizing facial experience designed specifically for the special needs of men's skin, including razor burn. Additional care is taken to analyze the skin. To complete the experience, a face, neck and shoulder massage is performed fulfilling the traditional barber experience without the shave.

## DELUXE EXECUTIVE HAND GROOMING – 60 minutes

A healthy approach to a traditional manicure, this deluxe treatment begins with a soak in thermal minerals and essential oils, continues with a unique Turkish salt hand exfoliation and winds up with a luxurious hand massage and paraffin treatment to relieve dry skin.

## DELUXE EXECUTIVE FOOT GROOMING – 60 minutes

This foot grooming helps to stimulate circulation as well as revitalize weary feet. Eucalyptus and Turkish salts exfoliate the feet, which then are immersed in a rejuvenating Eucalyptus footbath. A paraffin treatment follows, to relieve dry and cracked skin. The grooming is completed with a foot massage using a therapeutic foot balm to seal in the moisture.

## CLASSIC HAND GROOMING – 45 minutes

A healthy approach to the traditional manicure featuring our signature Willow Stream Energy product line. The treatment begins with hand exfoliation, nail oil application, a hand soak with minerals and essential oils, followed by a hand massage with hydrating and skin conditioning body butter.

## POWER PEDICURE – 45 minutes

This pedicure helps to stimulate circulation and revive weary feet, which restores energy to your entire body. Enjoy an exfoliation, nail oil application, foot soak, and foot massage featuring our signature Willow Stream Energy product line.



## *Other popular experiences recommended for men*

STRESS RELIEF MASSAGE · JET LAG MASSAGE · SPORTS INSPIRED EXPERIENCES · FEET FIRST

# *Sports Inspired Experiences*

**WILLOW STREAM FACIAL FOR THE GREAT OUTDOORS – 90 minutes**  
This hydrating facial was designed to moisturize, repair and protect your skin from the sun. It also includes a soothing shoulder, hand and foot massage to relax and revitalize tired muscles. Features the exclusive Willow Stream Sports Masque, which diminishes skin damage caused by the elements.

**WILLOW STREAM GOLF FACIAL – 90 minutes**  
Because of their exposure to the elements (sun, wind, and extreme temperature changes), golfers face unique challenges to their skin. This hydrating facial was designed to moisturize, repair, and protect your skin from the sun. Followed by a soothing shoulder, hand and foot massage – to relax and revitalize the tired muscles of the golf enthusiast. The experience also features the exclusive Willow Stream Sports Masque, that softens and brightens the skin and helps repair skin damaged by the elements.  
Includes a Willow Stream Golf Gift.

## *Sports minded guests might also enjoy*

- WILLOW STREAM SIGNATURE MANICURE OR PEDICURE
- DELUXE EXECUTIVE HAND GROOMING OR POWER PEDICURE
- SPORTS MASSAGE • FEET FIRST • STRESS RELIEF MASSAGE



## *Fitness Services*

Maintaining good health is the most important gift we can give ourselves. Breathing with joy and luxuriating in the unique spa experiences are enhanced with an optimal fitness program to truly begin the healing from within. Whether you would like to begin a fitness program or boost your routine, Willow Stream offers a variety of fitness services to experience healthy revitalizing living. Inquire about our fitness services to create a program suited to your lifestyle and needs.



**GOLF PERFORMANCE TREATMENT MASSAGE – 60 minutes**  
A Willow Stream exclusive massage therapy endorsed by world-class professional golf instructor David Leadbetter and professional golfer Charles Howell III. The combination of massage, stretching and acupressure will aid in improving golf performance and avoiding injury. The treatment assists in improved balance and swing rotation for distance and accuracy.

**UP TO PAR BODY EXPERIENCE – 60 minutes**  
Tones and hydrates sun-exposed skin, while relaxing body and mind, this experience begins with a nutritional avocado wrap and scalp and hair treatment followed by a customized massage with pure avocado oil to address the needs of every golfer.

# Salon Experiences

## Waiting on you Hand & Foot

*Try a salon experience that goes beyond the ordinary. Whatever the day's events bring, you'll look and feel your best. All salon experiences have an added dimension to give you energy. Consult our price list for our full range of services.*



### WILLOW STREAM SIGNATURE MANICURE – 60 minutes

Using the signature Willow Stream Energy product line, this manicure is a deluxe hand experience that includes a unique gommage hand exfoliation, myrrh nail oil application to promote healthy nails, a hand soak in mineral salts and essential oils, a paraffin treatment plus a hand and arm massage using hydrating and skin conditioning body butter.

### WILLOW STREAM SIGNATURE PEDICURE – 60 minutes

Using our signature Willow Stream Energy products, this experience is not only a beauty treatment for your feet but an energizing lift for the whole body. Our deluxe treatment includes an exfoliation, and foot soak in sea salts and minerals, a paraffin treatment and a foot massage with hydrating body butter.



### TURNBERRY CLASSIC MANICURE – 45 minutes

A classic manicure featuring the exclusive signature scent of Turnberry – Sweet Orange - our manicure includes hand soak and massage as well as nail shaping and polish application.

### TURNBERRY CLASSIC PEDICURE – 45 minutes

Our classic Orange oil pedicure is exclusive to Turnberry. From foot soak, to exfoliation to massage to nail shaping and polish application, this pedicure creates terrific toes and a spring in your step.

*A paraffin upgrade may be added to either Classic treatment (15 minutes)*



# Willow Stream Spa Products

A vital part of the spa experience is the oils, creams, lotions, scrubs, etc that are used during the treatment and the opportunity to continue the beneficial results with a home care program. In addition to our signature Willow Stream Collection of products featuring Energy and Balance, we have also chosen the exceptional products offered by Kerstin Florian International, Tara Spa Therapy, B. Kamin's Chemist and Jane Iredale Mineral Make-up for our spa experiences. We use these unique skin, body care and make-up collections, not only because of the quality and care put into each product, but because we all share similar philosophies about health and energy.



## The Willow Stream Collection

### – WILLOW STREAM ENERGY –

A full range of bath, hair and skin-care products. Each includes the essences of **Lemongrass** (refreshing and uplifting), **Ginger** (invigorating, stimulating, confidence-building) and **Sandalwood** (balancing, grounding, exotic). Moisturizing ingredients provide essential hydration.

#### *Willow Stream Energy includes:*

Shampoo, Conditioner, Creamy Bath and Shower Cleanser, Exfoliating Creamy Cleanser, Body Lotion, Body & Bath Oil, Hydrating Spritz, Hydrating Exfoliating Crème, Avocado Wrap, Bath Salts, Body Butter, Bath Spheres, Body Bar and Candle.

### – WILLOW STREAM BALANCE –

Our special Aromatherapy line created with Hawaii's Warren Botanicals. Senses are awakened with the essential oils found in the Willow Stream Balance collection, including: **Spikenard**, (one of the most ancient aromatic oils used to regulate the heart, calm the nervous system and harmonize the whole body); **Vetiver**, (assists in relieving inflammatory disorders of the joints and to center our spirit); **Ylang-Ylang**, (helps to open the mind); **Cypress** (to increase blood circulation and boost our energy); and **Lemongrass** (to tone muscles and uplift the body and spirit).

#### *Willow Stream Balance includes:*

Bath Crystals, Body Lotion, Hydrating Body Scrub, Long-Life Candle and Massage & Body Oil.



WILLOW STREAM  
*at home*

We believe the Willow Stream experience should extend beyond the spa walls. Just a few minutes for yourself every day in your own home spa can give you a fresh energy - *that Willow Stream attitude* - every day! Create your own Willow Stream spa at home using the same products we do - your spa professional will discuss a customized home care program after each spa experience. *Visit our spa boutique or [www.willowstream.com](http://www.willowstream.com) to find out more.* Willow Stream at Home also features both Fairmont and Willow Stream denominational gift certificates.



# Enhancing Your Spa Experience

## SPA EXPERIENCE

Willow Stream spa experiences last at least an hour because, as with everything worthwhile, there are no short cuts to an outstanding spa experience. We're passionate about taking all the time you need to find your energy.

## SPA ENVIRONMENT

Willow Stream is an adult sanctuary. Guests must be 18 years of age or older. Cell phones, Blackberry or other electronic devices are not permitted in order to keep the spa area quiet and to protect your privacy. If you need to receive messages during your time with us, please let our spa staff know and we'd be happy to assist you.

## RESERVATIONS

Please call local (305) 933-6930

Advance reservations are recommended to accommodate your preferences. Our knowledgeable Spa Experience Coordinators are delighted to guide you to the experiences that suit your needs.

## CANCELLATION POLICY

If you must reschedule or cancel an a la carte appointment, please notify the Spa 4 hours in advance to avoid being charged for the service. Cancellation of a package requires 24 hours notice.

## MAKING SPA APPOINTMENTS

Please call for current hours of operation. The first step is to consult with our Spa Experience Coordinators to select treatments to fulfill your personal requirements. To ensure availability, we ask you book your appointments prior to your arrival at the hotel or resort. Of course, questions are welcomed and encouraged.

## SPA ARRIVAL & ETIQUETTE

We recommend that you arrive 30 minutes before your first scheduled appointment. This allows you to familiarize yourself with the facilities and surroundings allowing you time to relax before and after your treatment. Please note, all treatments end on time regardless of the start time.

## HEALTH MATTERS

Please inform us of any health conditions at the time of booking your appointment. These include: high blood pressure, heart condition, allergies or pregnancy. Also, consumption of alcohol before, during or directly after spa treatments is not recommended. You will also be asked to complete a medical history form upon arrival at the spa so your spa professional can better customize your experience to your needs.

## SPA ATTIRE

You will receive a Willow Stream robe and slippers to wear between treatments and a locker for your personal belongings. For your comfort, undergarments may be worn during treatments, but rest assured our therapists are highly trained in correct draping procedures for your complete privacy. Please leave your jewelry and valuables in your room safe or the hotel safe.

## SPA EXPERIENCE COORDINATORS

All of our Spa Experience Coordinators are available to assist you in customizing your own personal experience, from planning your treatments to answering any of your questions or concerns. Whether in the spa or by phone they will be happy to assist you.

## SERVICE CHARGES

A 20% service charge will be added to all spa services and packages. Additional gratuity is at your discretion.

*Rates are subject to change.*



## The Art of Willow Stream:

“Body as a Landscape”

*The black and white body photographs used by Willow Stream are the works of Karin Rosenthal. Karin's style captures what can be accomplished with something as beautiful as nature's elements. The connection between the body and the land is blurred so that one imitates the other. Karin's work has been exhibited in galleries and museums worldwide.*

WILLOW STREAM SPA AT THE FAIRMONT TURNBERRY ISLE RESORT & CLUB  
19999 WEST COUNTRY CLUB DRIVE, AVENTURA FL 33180  
305.933.6930



Find your energy.



WILLOW STREAM

A FAIRMONT SPA

[www.willowstream.com](http://www.willowstream.com)

*Willow Stream Spas At Fairmont. Premier properties, each unique in all the world:*

BERMUDA: Southampton; CANADA: Banff, Alberta; Victoria, British Columbia; MEXICO: Acapulco; Riviera Maya;  
UNITED ARAB EMIRATES: Dubai; UNITED STATES: Scottsdale, Arizona; Miami, Florida; Newport Beach, California; SWITZERLAND: Montreux

*For spa vacation packages visit [www.willowstream.com](http://www.willowstream.com) or call 800.441.1414*

FAIRMONT HOTELS & RESORTS