Maintaining good health is the most important gift we can give ourselves. Whether you would like to begin a fitness program or intensify your routine, Willow Stream offers a variety of fitness services to experience healthy revitalizing living. Inquire about our fitness services to create a program suited to your lifestyle and needs.

**Fitness**

**SPA EXERCISE FACILITIES**

The exercise facilities at Willow Stream include a wide variety of state-of-the-art Technogym equipment as well as a complete assortment of Cybex free weights, ab rollers, and exercise balls. Our cardio room includes the Technogym Wave Machine, treadmill, elliptical machines and bike. Our fitness attendants are ready to assist you in using our equipment. Willow Stream offers a variety of exercise classes in our unique sky-lit aerobics rooms. Refer to the weekly schedule for times and class descriptions.

**GIFT CARDS:** Willow Stream Gift Cards are available for purchase at our Spa Reception Desk. Please call (305) 933-6930 or visit www.willowstream.com for more information.

**ENHANCING YOUR SPA EXPERIENCE**

Willow Stream spa experiences last at least an hour because, as with everything worthwhile, there are no shortcuts to an outstanding spa experience. We’re passionate about taking all the time you need to find your energy.

**SPA ENVIRONMENT:** Willow Stream is an Adult Sanctuary. Guests must be 18 years of age or older. Cameras, Cell phones, Blackberry or other electronic devices are not permitted in order to keep the spa area quiet and to protect your privacy. Should you wish to receive messages during your time with us, please let our spa staff know and we’d be happy to assist you.

**RESERVATIONS:** Please call (305) 952-6200 or (305) 933-6930. Advance reservations are recommended to accommodate your preferences. Our knowledgeable Spa Experience Coordinators are delighted to guide you to the experiences that suit your needs.

**CANCELLATION POLICY:** Should you need to reschedule or cancel an appointment, we need a minimum of 4 hours notice or there will be a 50% charge of your total service(s). If you cancel with less than two hours notice, the full charge will be applied. All packages not cancelled within 24 hours will be charged 100%. Guests who cancel their room reservation need to cancel their spa services as well or they will be considered a no-show.

**HEALTH MATTERS:** Please inform us of any health conditions at the time of booking your appointment. These include: high blood pressure, heart condition, allergies or pregnancy. Also, consumption of alcohol before, during or directly after spa treatments is not recommended.

**SERVICE CHARGES:** A 20% service charge will be automatically added to your spa services. Additional gratuity is at your discretion. All prices are subject to change without notice.

Willow Stream Spa at The Fairmont Turnberry Isle Resort & Club

19999 West Country Club Drive, Aventura, Florida 33180 (305) 933-6930

For spa vacation packages visit www.willowstream.com or call 800-441-1414
Willow Stream spas are all about You. Let us help you escape your fast-forward, mad current world and bring you to a quieter place to recover and to dive back into life energized. Make Willow Stream your own personal escape – a place to find your energy.

**INTERNATIONAL TREATMENTS**

- Royal Javanese Lulur: 120 min. $299
- Passage to India: 120 min. $299
- Thai Dreaming Ritual: 120 min. $299
- Sound Therapy: 60 min. $159

**MASSAGE EXPERIENCES**

- Relaxation: 90 min. $189
- Stress Relief: 90 min. $199
- Aromatherapy: 60 min. $139
- Sports: 90 min. $209
- Durt Massage: 90 min. $199
- Jet Lag: 60 min. $149
- Shiatsu: 60 min. $139
- East Meets West Hot Stone: 90 min. $209
- Deluxe Reflexology: 75 min. $179
- Maternity: 60 min. $129
- Garden Isle Massage: 60 min. $139
- Foot Handled Massage: 60 min. $259
- Lomi Lomi: 60 min. $159

**FACIAL COMPANION TREATMENTS**

- Eye Rescue: $35
- Vitamin C Ampoule: $35
- Rejuvenating Ampoule: $35
- Marine Energy Ampoule: $35
- Glycolic Treatment: $35
- Eye & Lip Treatment: $35

**BATH EXPERIENCES**

- Thermal Mineral Bath: 30 min. $74
- Thalassotheraphy: 30 min. $74
- Herbal Bath: 30 min. $74
- Aroma Mineral: 30 min. $74
- Hydrotherapy: 30 min. $84

**FLORIDA RAIN MASSAGE**

- Ocean Waves: 60 min. $139
- Aroma Salt Exfoliation: 60 min. $139
- Feet First: 60 min. $139
- Gentle Body Polish: 60 min. $139

**SEASONSING**

**WINTER - Warming and Immune Building**

- SPRING – Cleansing and Renewing
- SUMMER – Cooling and Soothing
- FALL – Balancing and Grounding

**BOOTS**

- Turnberry Classic Manicure *: 45 min. $44
- Turnberry Classic Pedicure *: 45 min. $54

**WAXING**

- Eyebrows, Lips, Chin or Underarm: $35 each
- Arms or Bikinis: $60 each
- Half Leg or Back: $70 each
- Full Leg: $85

**TINTING**

- Eyebrow: $49
- Eyelashes: $59

**SPORTS INSPIRED EXPERIENCES**

- Golf Performance Treatment Massage: 60 min. $139
- Willow Stream Golf Facial: 90 min. $209
- Willow Stream Facial For The Great Outdoors: 90 min. $209

**SALON SERVICES**

- Classic Hand Grooming: 60 min. $64
- Classic Hand Grooming (non): 60 min. $74
- Power Pedicure (non): 45 min. $54
- Deluxe Executive Foot Grooming (non): 60 min. $74